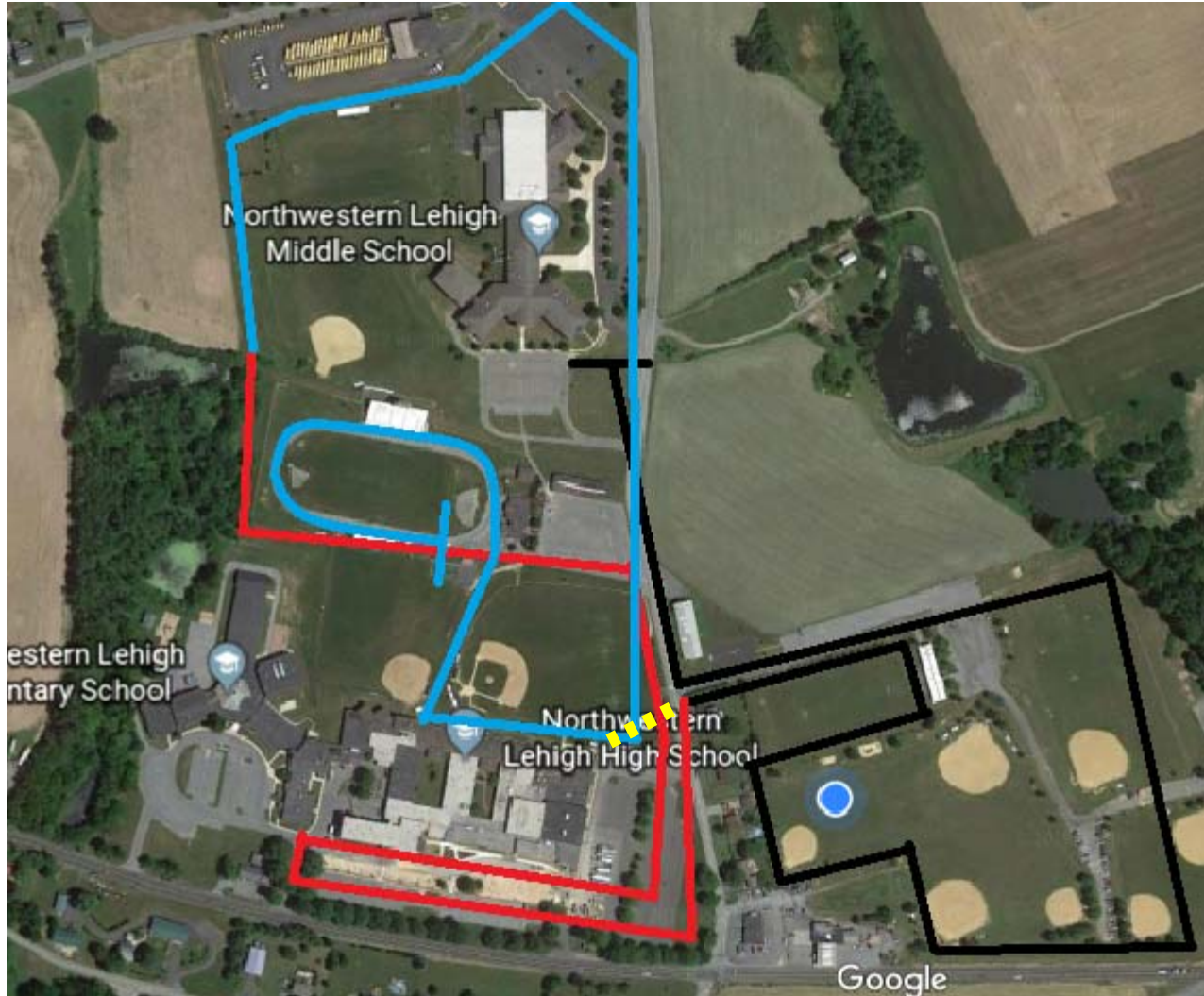




NORTHWESTERN LEHIGH CROSS COUNTRY COURSE MAP



3.1 Miles

1st Mile

- Start near the practice football field behind the maintenance pole building and run parallel to Northwest Road.
- Make a Left into the Rec. Field Complex.
- Loop around the Rec. Fields back to Northwest Rd.

2nd Mile

- Make a Left onto Northwest Road.
- Making a Right, follow the tree line parallel with Route 309.
- Loop around the H.S. parking lot back onto Northwest Road.
- Make a Left into the Stadium parking lot.
- Follow the fence line around the stadium.

3rd Mile

- Follow the course to the corner of the soccer field and follow the sideline of the field into the M.S. parking lot.
- Make a Right around the light post and shoot back onto Northwest Road.
- Follow Northwest Road back to the H.S. parking lot and make a Right.
- Follow the course down the ramp behind the high school.
- Make a Right in-between the baseball and softball fields.
- Make a Left back into the stadium.
- Finish with one complete revolution around the track (counter-clockwise).

**The course will be marked with white paint.*

***Middle School Course runs all the black line then the tail end of the blue line. After coming out of the Recreation Field Complex, they cross over at the dashed yellow line and pick up on blue around the baseball field and into stadium.